

APRIL 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Card: Look Again
Aligned Life Oracle Card Deck

-LOOK AGAIN-

Affirmation:

"The more I see, the more I learn,
the more I grow"

KEY LUNAR PHASES



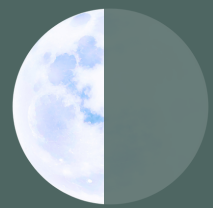
SUPER NEW MOON ECLIPSE IN ARIES
8th April
19:20 London



FULL MOON IN SCORPIO
24th April
00:48 London

APRIL 2024

KEY LUNAR DATES



LAST QUARTER MOON IN CAPRICORN

2nd April

Allow what isn't working to fall away



SUPER NEW MOON ECLIPSE IN ARIES

8th April @ 19:20 (London)

Set your intentions for the month or year ahead



FIRST QUARTER MOON IN CANCER

15th April

Recommit to your intentions with practical action



FULL MOON IN SCORPIO

24th April @ 00:48 (London)

Review your progress so far and release your blocks

THINGS TO KNOW . . .

Overarching energy message for April: Look Again

Sometimes all the facts are not immediately clear. Sometimes you need to do some digging or further investigation to work out exactly what the situation is, from all angles. Someone's views may be quite different from yours and there may be vital information that you are missing. This card brings a message that it's time to do your research, to better understand the situation and what's driving it. Know your facts before you act.

Full Moon Exercise: Let it go

The full moon is a great time to focus on releasing what is no longer serving you. This might include beliefs you have that are limiting you or holding you back from making the changes and progress you want in your life, or perhaps patterns of behaviour, situations or past experiences. You may also feel it's time to release energetic ties to relationships, jobs or other commitments which are stopping you from moving forward.

1. Find a piece of paper and a pen (or something to write on that you don't mind getting rid of)
2. Write down 3 things you are grateful for, over the last month or beyond
3. Now write down what you want to release. Write as many things as you like. You may want to focus on releasing blocks relating to the Life Alignment Area to the right.
4. Now dispose of your paper carefully. You may also want to cleanse it with sage before burning it (safely please!) or burying it.

New Moon Exercise: Wishing on a moon

The new moon is a great time to think about what you want to bring into your life, and make wishes to invite these things in - to set your positive intentions for what you want to happen next and surrender this to the Universe.

1. Find a piece of paper and a pen
2. Write down 3 things you are grateful for, over the last month or beyond
3. Now write down what you would like to create/ achieve in the month ahead. It may be best to focus on up to 3 things. You may want to focus on manifesting positive change relating to the Life Alignment Area to the right, but you can wish for anything you want.
4. Now write down one step for each of the items you have listed, that you can take straight away to start working towards your wish.
5. Keep the list safe and make time each day in the coming weeks to look at your wishes, and take any actions you have committed to.