



THE
ALIGNED LIFE
ORACLE

-GUIDEBOOK-

ANGHARAD HART

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Aligned Life Oracle Card Deck: © 2024 Angharad Hart*

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THE ALIGNED LIFE ORACLE

-GUIDEBOOK-

How to work with the Aligned Life Oracle deck to strengthen your intuition, deepen your connection with Spirit, and create more alignment & joy in your life.

BY
ANGHARAD HART

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INTRODUCTION

Welcome to the Aligned Life Oracle guidebook. In the following pages, you will discover the messages of the Aligned Life Oracle card deck, including the journey I took in creating the deck and how to work with it to spark your own inner wisdom, so you can create more joy and alignment in your life.

I share this deck because I have seen first-hand the powerful messages that come through the cards, and how these have supported me, and others, in a gentle way, to make more aligned decisions and connect more deeply with my own intuition, and Spirit.

My intention in creating this deck was to share words and messages of wisdom, and the energies of love and light, in a way that can resonate with everyone. I truly believe that this is a deck that anyone can pick up and work with – regardless of your previous knowledge or experience of oracle cards, or your personal spiritual or religious beliefs.

It is a gentle and empowering deck designed to help draw the answers from within you, and help you connect with your inner voice, and Spirit, in a way which brings increased clarity, direction and self-awareness.

My hope is that you find this deck a faithful companion on your journey towards creating a life that is increasingly aligned with your values, passions and purpose and brings you peace, comfort and joy for many years to come.

*With love,
Angharad xx*

PART I: THE JOURNEY

I decided to create my own oracle card deck after a few years of working with decks created by other wonderful people, like Rebecca Campbell, Colette Baron-Reid, Denise Linn and Yasmin Boland, to name a few.

My very first deck was the 'Work Your Light Oracle Card Deck' by Rebecca Cambell, and it has honestly changed my life. I was going through my own 'dark night of the Soul' back in 2018, when I was experiencing a very challenging period in my life. I had recently experienced a personal loss which affected me greatly, and after years of increasing stress and anxiety in my work and personal life, I had reached a pivotal point where I knew my life needed to change – I needed to change.

I had recently moved jobs, hoping that this might make things better. Unfortunately, it didn't. I was simply putting a band-aid on the issue, instead of getting to the root cause, and things got steadily worse. Although I was trying my best at the time, I wasn't making decisions from a place of clarity and 'self', I was making decisions out of fear, panic and confusion. I didn't know what I really wanted, and I realise now that I really didn't know myself at all – in fact, I didn't trust myself to make decisions. I simply went with what I thought I should do – I did what seemed to make sense.

And so one weekend, when I was out and about in town, I found myself looking around a bookshop when I spotted a stand displaying these brightly coloured boxes. I decided to walk over and take a look, and there they were – oracle card decks.

At the time, I had no idea what oracle cards were. I had never heard of them, but I was instantly drawn to them – or, more accurately, I was drawn to one deck in particular.

I knew I had to buy the deck, and so I did. I opened it as soon as I got home and eagerly shuffled through the cards – I read the guidebook and revelled in the beauty of the imagery and colours. This is where it all began.

Four years later, I was regularly working with oracle cards in my day-to-day routine and had begun a journey of spiritual awakening which has transformed my life. I had collected a few different decks to work with – all ones I felt particularly drawn to and which sparked joy in me. I had noticed a change in myself – in my ability to make decisions and trust myself to do so. I felt more in-tune with my intuition, and I felt I had a deeper connection with Spirit. My life had changed beyond recognition. I was on my path to a new career and was managing my symptoms of stress and anxiety far better than I could have hoped.

I now knew myself a lot better, and what I had come to realise was that I am a creative Soul who enjoys the process of creating and designing beautiful things. I felt a strong urge to create my own oracle card deck – a deck filled with messages of pure love, compassion and support. A deck that anyone could work with.

And so, I set about creating my deck. It all happened very quickly. I remember sitting down to being writing the messages for the cards and the words just flowed. When I look back at the process, and read the messages, I believe that this deck was channelled through me from a higher power, what I like to refer to as Spirit.

At the outset, I truly wanted this to be a deck that anyone could connect with and work with. You will therefore find that the world around us, and the human experience, is the thread that links the imagery and the messages. I wanted to use scenes that people could easily recognise and resonate with. You will see this in the imagery of the cards themselves and how each one has been carefully designed and chosen to capture and convey the energy of the message.

PART 2: WORKING WITH THE ALIGNED LIFE ORACLE

You will find that the Aligned Life Oracle Card Deck features 44 cards in total, divided into four groups, or 'suits'. Each card has a message and a related affirmation. Each one is intended to bring a supportive and insightful message to spark your intuition and help you reveal the truth from within yourself and, if you choose to, reveal messages of love and light from Spirit.

2.1 THE FOUR SUITS

The first group of cards are 'Clarity' cards. These are straightforward messages that can bring an instant hit of clarity to any situation.

Second, we have the 'Healing' cards, and these cards recognise that we are at a healing stage in our journey. They share messages that can support us as we navigate this stage.

Third, we have 'Reflection' cards. These suggest that rather than looking outside of ourselves for the answer to our situation, we would benefit from looking within to find the answers we seek – this includes connecting to our inner voice and the wisdom of our body.

And finally, we have 'Action' cards, and these suggest that we might benefit from taking inspired, grounded and informed action towards a particular direction.

It is important to note that the cards are not intended to tell you 'what' to do – instead, they serve as a mirror and reflect the wisdom that is already within you, and support you to connect with your intuition so you can decide how you want to move forward, and what action, if any, you choose to take.

2.2 WELCOMING YOUR CARDS

When your cards arrive, I would recommend that you do a quick practice to connect with you cards and attune with their energy, and also allow them to attune to yours.

Firstly, I would encourage you to simply open the deck and go through the cards one-by-one, laying them out in front of you and taking a moment to connect with the imagery and message of each one, using this guidebook as you go.

I would then recommend collecting the cards back together, and holding them in your hands for a few moments while you take some deep breaths. Imagine a pure white or golden light (or waterfall) flowing in through the top of your head, and down through your body. As you breathe out, imagine this light flowing through your hands, and into the cards, making them glow.

Do this for a few minutes, until you feel that the cards have taken on this light energy. Your connection with your cards will strengthen naturally over time the more you handle and work with them.

When you are ready, you can repeat the following words aloud, or in your head, if you wish – but if this doesn't resonate for you then feel free to use your own words (whatever comes to you in the moment is fine), or simply omit this step together.

'Welcome cards to your new home.

**My intention is to work with you to reveal the wisdom of my intuition
for my highest good, and the highest good of all.**

Thank you, Thank you, Thank you.'

You may now want to shuffle the cards well and begin working with your cards. If there are any other practices you feel called to do before you begin, then feel free!

2.3 HOW TO USE THE CARDS

Before we begin, if you are not familiar with how to work with oracle cards, you can find further information and guidance on my website at www.angharadhart.com/oraclecards.

When you are ready to do your reading, you will want to find a quiet space where you won't be disturbed and take a few deep breaths to calm yourself.

Now, think about your intention for the reading. What is it you would like to achieve with this card pick? Do you want greater clarity regarding a particular situation or decision, or a message of support or perhaps even some inspiration? Get clear on what you would like to come out of the reading, and then begin to shuffle the cards.

As you do so, decide on a question to ask the cards that will help you towards your intention. I always suggest avoiding direct 'Yes/No' questions, and instead reframe it in a way that you are asking for guidance towards that subject.

So, for example, instead of asking something like, **'Should I take this job offer?'**, I would instead suggest asking something along the lines of:

'What can support me to make a decision on whether or not to take this job?'

or

'What might the potential outcome be if I were to take this job?'

Remember, the cards can reveal the energies as they are currently showing up, but things can change and we do have the power to influence our future, which is why I am always sure to use the words 'might' and 'potential' when I ask questions such as this, because this is an indication only based on current circumstances and our energetic frequency, and our actions can impact the outcome.

You may also want to keep in mind the 'suit' the cards come from, as these can give an additional message in themselves.

For example, a 'Reflection' card might suggest that you have been looking outside of you for the answers and that you would benefit from looking within to find a way forward in this instance.

However, all readings are an opportunity for us to reflect. Are we happy with the message? Do we need to take further action or do something differently? How can we show up in the best way possible and secure the optimum outcome? Sometimes we may need to change a few things, or work on ourselves to make sure that we are moving towards the outcome we desire, and the great news is that the cards can help us to identify what actions can best support us to do just that!

Once you have your question, I would recommend writing it down somewhere. This is so that you can be very clear when you do the reading what question you were asking precisely. Depending on how long you shuffle, how many cards you pick and how many questions you had in mind at the beginning of the reading, you can easily forget the exact wording of your question. Sometimes, knowing the exact wording can be a real help to get the most clarity from the messages.

You will need to decide how many cards you are choosing for your reading. Will you pick just one, for an instant hit of guidance, or will you use a card spread? You can read more about different card spreads below in 2.4.

Now, when you are ready and have shuffled the deck well, you can use either of the following methods to pick your card(s):

1. **Fan the cards** out either in your hands or on a flat surface. It's useful to have a fabric to work on to help grip the cards as some slippery surfaces mean the cards just slide around.
2. **Pick the top card(s)** from the deck to reveal the message(s).

2.4 ORACLE CARD SPREADS

There are lots of different spreads available, but here are a few I have put together specifically for this deck.

INSTANT CLARITY SPREAD



Simply pick one card to bring you an 'instant hit' of clarity around a particular situation.

WIDER WISDOM SPREAD



1



2



3

This spread features **three** cards.

Card One represents the overarching energy coming towards you – this is what you will be likely to experience based on current circumstances.

Card Two represents your invitation – This is what you are being invited to lean into as you experience the energy in card one. It may be encouraging you to develop a particular skill, a new way of thinking, learn a new lesson or even let go of something in some way.

Card Three is your key card – This is the key that will support you to take the necessary action to lean into your invitation fully.

PAST, PRESENT, FUTURE SPREAD



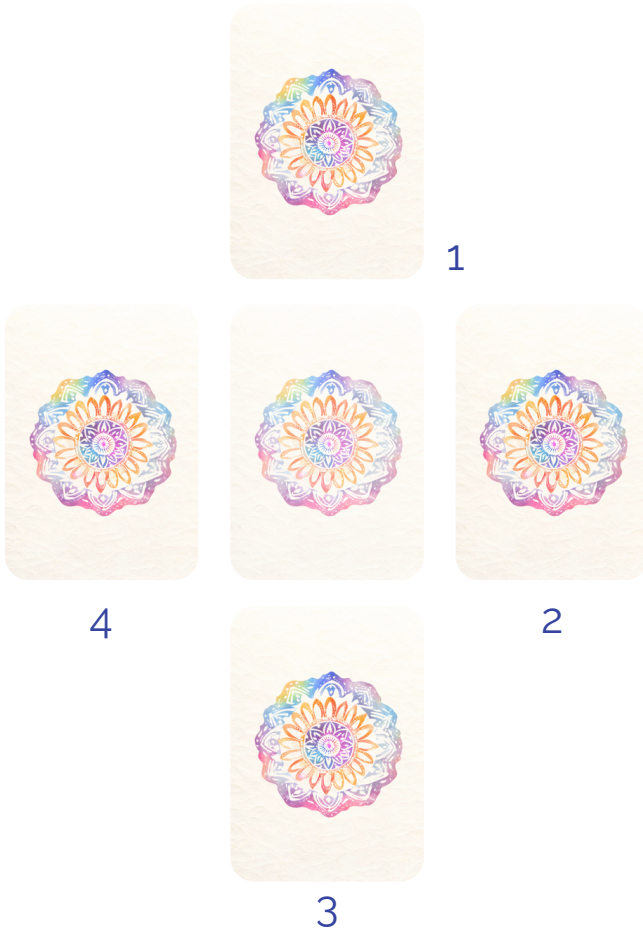
This spread also features three cards.

Card One represents the energy you are moving away from – The energy you have been experiencing and the wisdom or lesson that you bring forward with you to the present, and into the future.

Card Two represents your current energy – This is what you are currently experiencing and being called to expand into.

Card Three represents the energy your are manifesting – This is that which you are moving into, based on current circumstances and your energetic vibration. Remember, this can change and be changed!

THE FOUR SPHERES SPREAD



This spread can be a four or five card spread, as the fifth card is optional.

Card One represents the Mind – This brings a message to support you on a mental level. This might relate to your mindset, beliefs, your state of mind, thinking patterns and how you make sense of, and experience, the world around you.

Card Two represents the Body – This brings a message to support you at a physical level. This might relate to your physical energy, strength, activity, or your ability to nourish yourself and move freely and joyfully through life.

Card Three represents the Spirit – This brings a message to support you on a spiritual level. This might relate to your sense of spirit within yourself, your sense of purpose, or your connection to Spirit in a broader sense. This can be different for all of us and may support us in expanding into our own spirituality.

Card Four represents your Self – This brings a message to support your unique sense of self. This might relate to your identity, how you see yourself or express yourself to others, how well you understand yourself, or support you in developing a greater sense of confidence, personal empowerment and authenticity.

Optional:

Card Five represents either your Soul or the Universe – This is a message direct from your Higher Self at Soul level, or the Universe, whatever feels most comfortable for you. You can choose which one and set this intention at the beginning, when you pick the cards. This message is intended to bring love, light and gentle support to help you align with the energies and wisdom of your Soul, or the Universe, as appropriate.

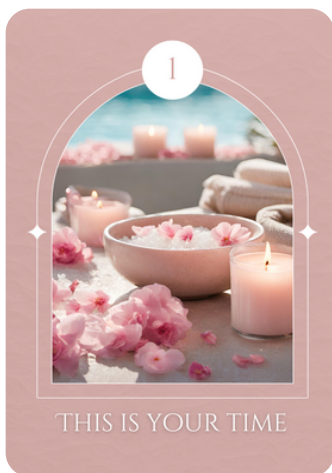
Of course, you don't have to use any of the spreads above and you can create your own if you feel called to. And please remember, the cards are intended to offer gentle love and support which can help to connect you with your own intuition, and Spirit if you would like to though it is entirely optional. You can use these cards as a simple tool to improve your self-awareness and connect with your inner wisdom without any Spiritual or Religious meaning.

Once you have completed your reading, you may want to note down the cards and messages that came up for your question(s), your first impressions and thoughts, and finally, thank the cards for working with you and helping to reveal your inner wisdom.

PART 3:
ALIGNED LIFE ORACLE
MESSAGES & AFFIRMATIONS

CLARITY CARDS

The following 11 cards are 'Clarity' Cards. Whilst all of the cards in this deck bring a supportive message of one form or another to help you develop greater clarity, these cards bring a particularly clear and supportive message that you need to hear. They recognise that you are going through a challenging time, and bring words of wisdom and reassurance.



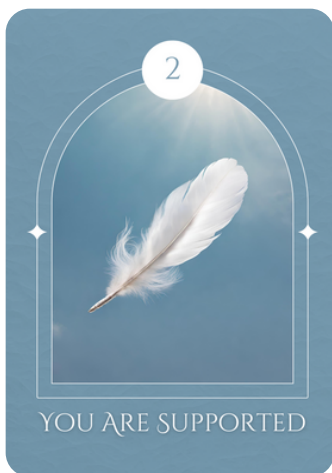
THIS IS YOUR TIME

THE MESSAGE

Have you been spending too much time looking after others, following your obligations or keeping the peace? This is your time. This card brings a message that this is a time to do things for you and put your needs and happiness first. This isn't selfish, it is necessary. You should feel no guilt. You can't find water in an empty well. The more love and kindness you show yourself now, the more you will have to offer others.

THE AFFIRMATION

"I am doing this for me. It is my time"



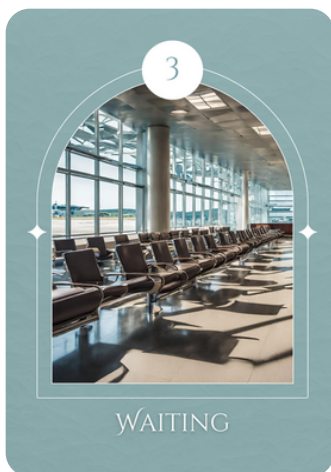
YOU ARE SUPPORTED

THE MESSAGE

Life may not always be a bed of roses. We all have challenges and obstacles to face, but we are never alone. The Universe always finds a way to support us. If you're feeling scared, fearful and disillusioned right now, hopeless or frustrated, this card brings a message that you are supported. Even if you feel heavy with burden, you are as light as a feather and the Universe can carry you with ease.

THE AFFIRMATION

"I am completely supported in all that I do"



WAITING

THE MESSAGE

Do you feel that moving forward is a struggle? We all have times in our lives where we feel we're swimming against the tide. At these times, we can either struggle on regardless, or accept that there is always a period of waiting on all good journeys. This card brings a message that you are still on course, you are just in the waiting area right now. Embrace the moment of quiet before your journey gets going again.

THE AFFIRMATION

"I am taking the opportunity to rest before my next adventure begins"



TRUST

THE MESSAGE

Sometimes we want proof. Sometimes we need to see the evidence. Wouldn't it be easier if someone else just said it, confirmed it, rubber stamped it for you? Would seeing it written down in black and white help? This card brings a message that what is needed now is trust. Trust in yourself, trust in others, trust in the Universe. Focus your energies on what you want to happen, focus on the positives and let the energy flow there.

Trust that all will be well, and it can be.

THE AFFIRMATION

"I believe it. I feel it. I know it"



FOR YOUR, NOT TO YOU

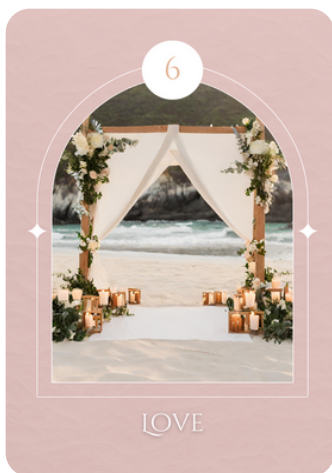
THE MESSAGE

It's normal to feel as if the world is against you sometimes - like everything is out to get you. But, often when we look back at some of the toughest situations of our lives, we are able to see the good that came out of it. The learning, the knowledge, the opportunities. This card brings a message that whilst things may be tough at the moment, things are working out in your favour.

Divine spirit, your angels and guides are working hard in the background to ensure that things are actually working out in your best interests. Keep the faith.

THE AFFIRMATION

"I trust that things are happening for my highest good"



LOVE

THE MESSAGE

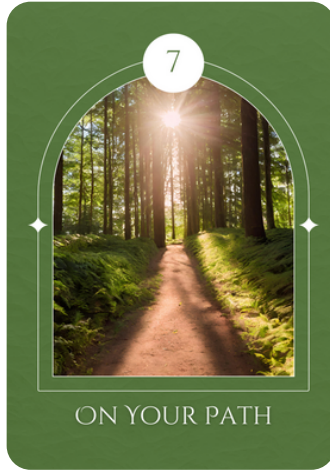
Sometimes we all feel like we need to be wrapped up in cotton wool; that we want to curl up in a ball and hide from the world.

This card brings a message that you are loved. There is an abundance of love around you. You do not have to look for it. It is here, there, everywhere. It is in you, and it is you. You are love.

Whatever it is that you seek in the world around you, to feel protected, loved and cherished, know that it is within your power to offer this to yourself. Be kind to others, but most of all be kind to yourself. It is only when we fully accept ourselves, that we can open our hearts fully to give and receive love in its purest form.

THE AFFIRMATION

**"I am deserving of love. I am surrounded by love.
I am love"**



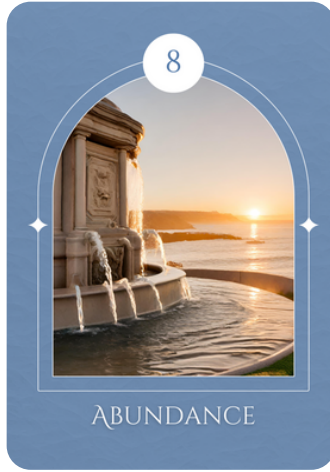
ON YOUR PATH

THE MESSAGE

Are you feeling a little lost right now? Do you feel as though you have strayed off course and left the map somewhere safe, but can't remember where? This card brings a message that you need not fear. You are on the right path, your path. You are exactly where you need to be right now! Keep going. Every new step you take is a step closer to your highest good.

THE AFFIRMATION

"I am exactly where I need to be"



ABUNDANCE

THE MESSAGE

At times, it can feel like things are slipping through our fingers, that our resources are running low - or even running out completely. Energy, love, opportunities, money, patience. At these times, it's tempting to cling on even tighter to what you have for fear of losing more. However, this focusses our intentions on fear and lack, which is a waste of our precious energy and increases the likelihood of attracting more of the same. The Universe, Spirit and Source provides for its children and there is abundance in the natural order. This card brings a message to surrender your fears to the Universe and trust that all will be well, and you and yours will be provided for.

THE AFFIRMATION

"I have more than enough of everything I need"



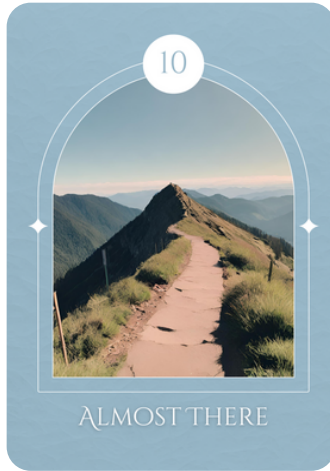
HEART & SOUL

THE MESSAGE

No one is anything all of the time. People change, situations change and nothing stays the same indefinitely. This is natural, this is okay. Change is how things develop, improve and grow. If the bud remained in this state, there would be no beautiful blossoming flowers, no sweet nectar for the busy bee and no fruit. This card brings a message that change is possible and it's okay to change your mind. As long as you are changing direction from a place of love and truth, and not fear and lack, you are supported. Do what feels right for you.

THE AFFIRMATION

"I am not afraid to change course to follow my dreams"



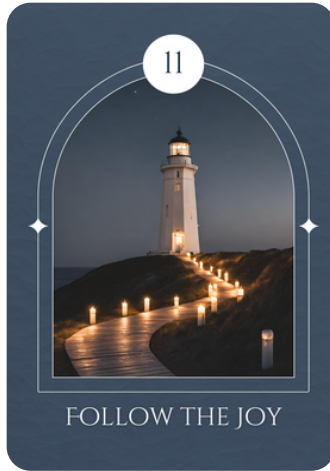
ALMOST THERE

THE MESSAGE

You have been on a journey which has tested you and at times you may question yourself. Is it worth carrying on? Will you ever reach your goals? Can you even do it? This card brings a message that now, more than ever, you need to dig deep. You are almost there, almost at the finish line. You have worked so very hard to get here and you can be very proud. Now is the time to take a deep breath and rally yourself for the final push. You are so very close.

THE AFFIRMATION

"I am almost there. The end is in sight"



FOLLOW THE JOY

THE MESSAGE

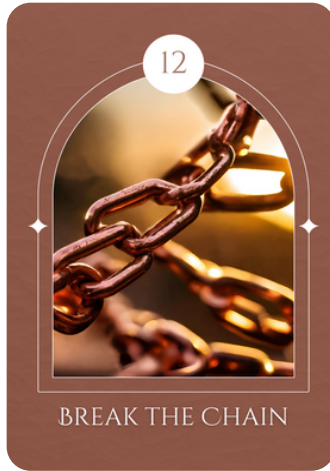
Too much work and not enough play can make anyone sad, tired, depressed, anxious and stressed. We all need some fun now and again. Are you living in alignment with your soul? Do you want a more fulfilling joyful life, career or relationship? This card brings a message that you would benefit from doing more of the things that bring you joy, either as an instant 'pick-me-up' or in a wider sense. Follow the things that light you up!

THE AFFIRMATION

"I choose to focus my energy on the things that bring me joy and fulfilment"

HEALING CARDS

The next 11 cards are 'Healing' cards'. They acknowledge and indicate that you are in a healing phase - either from a particular event or experience or in a wider, more general, sense. You may be healing at a cellular and energetic level or perhaps clearing the traumas from past events, and even past-lives. These cards being guidance on what can support you through this phase.



BREAK THE CHAIN

THE MESSAGE

What is standing between you and where you want to be? What's holding you back, stopping you from reaching your fullest potential? Past experiences and limiting beliefs can keep us tied to the past and stop us from moving forward. This card brings a message that there is an opportunity for healing, of untangling ourselves from past hurt, trauma and fear and stepping forward, into a new way of being. It's an opportunity to choose new beliefs for ourselves and set our intentions on creating new positive experiences that support our vision and ambitions. What new belief will you choose?

THE AFFIRMATION

"I choose to believe that there is another way"



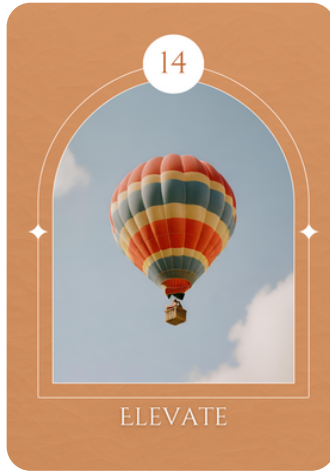
SLOW THE PACE

THE MESSAGE

Have you been rushing around trying to do a million things at once? Are you burning the candle at both ends? Do you need to slow down a little? This card brings a message that, as the old adage goes, Rome wasn't built in a day. You are making good progress, and you can afford to relax a little and take your foot off the gas.

THE AFFIRMATION

"I have all the time I need, to do everything I need and want to do"



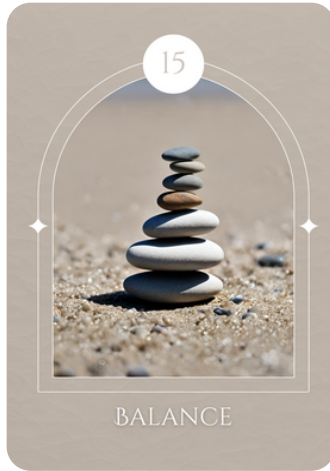
ELEVATE

THE MESSAGE

Do you feel like your energy is flagging? Are your resources depleted? It's time to raise those vibrations, literally and metaphorically. This card brings a message that it's time to shake yourself out of this 'funk'! Do something that inspires you and helps your light glow a little brighter. This could be anything from drawing a picture or reading a book, to singing and dancing along to your favourite track. Perhaps it's time to put that hilarious film on, you know the one I mean, or call that friend for a chat. Do what brings you joy!

THE AFFIRMATION

"I feel like I'm on top of the world"



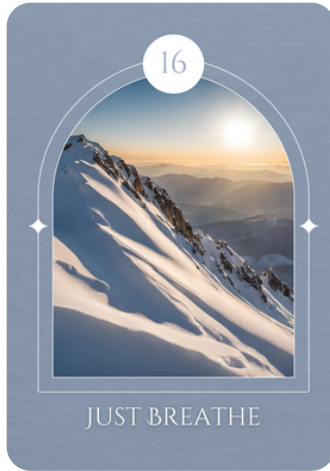
BALANCE

THE MESSAGE

Have you been pushing yourself a bit too far lately? Have you been caught up too much in your head and forgetting about your body, or focusing on doing and achieving, and not how you're feeling? This card brings a message that you may benefit from bringing more balance back into your life. This could be through some meditation, mindfulness or prayer, or through mindful movement such as Yoga, Pilates, Tai-chi or dance. Whatever you do, make sure it's fun for you and gives you a chance to balance mind, body and spirit.

THE AFFIRMATION

"I am in harmony with my Soul and the world around me"



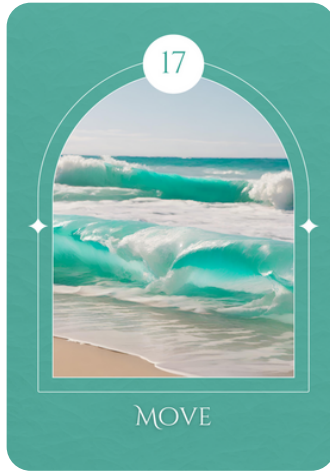
JUST BREATHE

THE MESSAGE

Imagine waking up in beautiful countryside, surrounded by rolling green hills. You take your first deep breath of clean, crisp, fresh air. Heavenly! As the air moves through your body, it's like electricity, recharging you from within. This card brings a message to take some time to focus on your breathing. Get outside if you can, and take a long, deep breath. Feel the air flooding in through your nose and down into you body, revitalising every cell. As you breath out, visualise your fears, stress and anxiety floating off into the ether, to be transformed into something beautiful.

THE AFFIRMATION

"I breathe in pure energy, joy and hope"



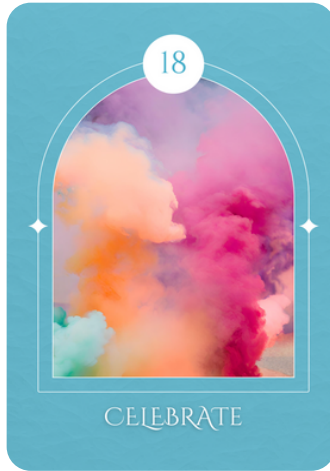
MOVE

THE MESSAGE

Have you been chained to the desk, physically or metaphorically, for too long? Have you been a couch potato? Watching adverts of people getting outdoors, getting active and getting fit, but just haven't had time, or the energy to do anything yourself? This card brings a message that now might be a great time to change that, to get up and move yourself. It doesn't have to mean hitting the gym, unless you really want to! Whatever floats your boat. Indulge yourself and take time to connect with your physical body in a fun and energising way. A short walk, climbing the stairs, or a few gentle stretches all count!

THE AFFIRMATION

"I move joyously and effortlessly"



CELEBRATE

THE MESSAGE

Wherever you are now is an important part in your journey, and you have much to celebrate. You have overcome much to get here, and showed determination and courage as you have navigated your journey so far. This card brings a message that now, more than ever, it is important to make time to reflect on the joys of life, all that is good in the world and the true brilliance of who you are, and what you are capable of! Take the opportunity to celebrate now, whether it's a little win or a monumental achievement, celebrate with pride. You are worthy of all you have achieved, and all the wonder that is yet to come.

THE AFFIRMATION

"I celebrate all that I am and all that I have achieved"



GO OUT!

THE MESSAGE

They say a change is as good as a rest, and sometimes, a change of scenery can do us the world of good. This card brings a message to get out there and mix it up a bit. If you've been stuck in the house, or office, for a while, and are tired of staring at the same four walls day in, day out, you may really benefit from getting out and about in some way. This could be popping out for a walk at lunch, going to the shops or trying that restaurant you have wanted to visit for ages, but never got around to. If going out isn't an option, why not try a meditation where you can visualise yourself somewhere else or lose yourself in your favourite TV programme or film, and really imagine you are there!

THE AFFIRMATION

"I am connected with the vibrant energy of the world"



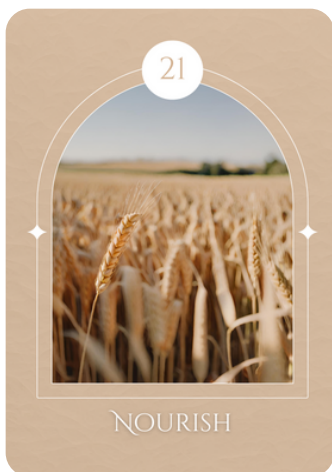
ASK

THE MESSAGE

We can all be a little proud sometimes. We can all feel a little alone and afraid. But the Universe is there to support us and give us what we need, in the form that is best for us, if only we would just ask. This card brings a message that now is the time to be strong and do the most empowering thing you can for yourself. If you need help with something, just ask! The Universe wants to help you, people want to help you, systems are in place to help you. Sometimes, it's just a case of being willing to admit you need support and asking for it! Now is the time to speak up!

THE AFFIRMATION

"I am taking important steps in my journey"



NOURISH

THE MESSAGE

Are you nourishing yourself? Nourishing your mind with positive and loving thoughts? Nourishing your body with fresh and nutritious food? This card brings a message that you may benefit from showing yourself a little more self-love and actively trying to nourish your mind and your body, whether that means taking regular work breaks, doing some meditation, or making better and healthier food choices. It could also be a case of doing something that ignites your interest and feeds your curiosity and desire to learn and grow.

THE AFFIRMATION

“I am completely nourished inside and out”



REST

THE MESSAGE

There are times for action, then there are times to put your feet up, snuggle up with your favourite drink, grab a blanket if you like, and do nothing! This card brings a message that you need to rest up. If you feel the need to take some time out, if you would rather an early night over going out again, this is your permission to do it! Put yourself first, because if you haven't got any energy in your reserves, you can't give energy to others. Sometimes we need to keep pushing ourselves to get things done, and other times we just need a rest.

THE AFFIRMATION

"I am fully recharged and restored"

REFLECTION CARDS

The next 11 cards are the 'Reflection' cards. They serve as a reminder that the guidance you seek lies within you and gently encourage you to take time out to reflect and look within yourself, as it is here that you will be able to find the answers to your current situation.



FEEL IT

THE MESSAGE

What is your body trying to say to you? Where do you feel the tightness, the pressure, the soreness, the aches or the pains? Where do you feel light and free? This card brings a message to take a moment, get out of your head, and connect with your body. It is trying to communicate with you. So listen closely to its message. Is it happy, excited or feeling scared, upset or neglected even? What does this tell you about your current situation?

THE AFFIRMATION

"I feel love and gratitude for my body and everything it does for me"



LISTEN

THE MESSAGE

Sshh! Just for a moment or two. Turn down the TV, the music or the chatter and just listen to your inner voice. What is your Soul whispering? What is your heart trying to tell you? This card brings a message that you have all the answers you need to your current question or situation, deep within you. You just need to give yourself a chance to hear it. Meditation may be a good idea, or whatever makes you feel connected with your intuition. Listen, offer your Soul a safe space to be honest and truthful and try not to judge too quickly.

THE AFFIRMATION

"I honour my inner voice"



CROSSROADS

THE MESSAGE

You find yourself at a crossroads once again and may be unsure which path leads where, and which one to take. You might even feel you are out of options, but there is always another way. This card brings a message to take some quiet time with yourself.

Which road leads where? Imagine yourself walking each route. Which one leads to the sunshine? Which one is clouded by grey skies? Which do you feel positively drawn to? What do you want to experience next on your journey? Trust your intuition and step forward.

THE AFFIRMATION

“Whichever path I choose is the right path for me”



DÉJÀ VU

THE MESSAGE

Is it happening again? When have you experienced this before? How did it play out that time? Or the next? Or the time after that? This card brings a message that you are at risk of going round in circles and repeating the same actions time and time again, unless you take time out to understand why you are choosing to act in this way and what needs to change. Did it make you happy before? Did it bring you joy and contentment? If not, it may be time to change the rules and try something different.

THE AFFIRMATION

"I embrace the lessons of the past and learn from them"



BAGGAGE

THE MESSAGE

We all do it! That look someone gave us in the store the other day, that thing we overheard someone saying about us back in school, the way we were treated, the one that got away, that incident that changed everything - We all hold on to past experiences, emotions and trauma's and carry them around with us as if we have been cursed to carry their burden for a lifetime.

But sometimes, it is our choice to carry these weights rather than an obligation. How would it feel to just let go? To put the weight down and walk away? How much lighter would you feel? What are you still carrying around with you that you need to let go of? This card brings a message that it's time to let go. It's been long enough and the only one being crushed by the burden is you.

THE AFFIRMATION

"I put down what I no longer need to carry"



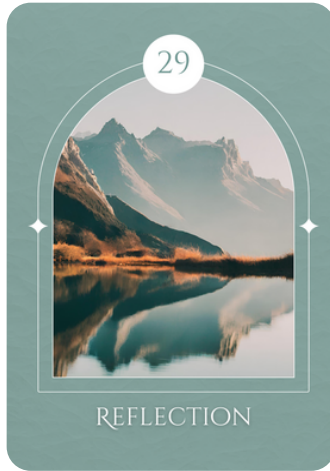
RUNNING

THE MESSAGE

Do you feel like you're on a racetrack, running flat-out and trying to get away from something, or someone? What are you running away from? Are you feeling tired or exhausted? This card brings a message that sometimes we run in a particular direction, towards our dreams, and at other times, we are running away from something that we need to face - The key here is to work out if are you running towards joy, or away from fear? Now is a good time to reflect on your feelings and any fears you have. Turn around and face them head on. You've got this!

THE AFFIRMATION

"I face my fears and overcome them"



REFLECTION

THE MESSAGE

What is annoying or frustrating you? What is bothering you? Does it remind you of anything? Is it a person? Is it an action? Does it remind you of something you did once upon a time, or something you want to experience? This card brings a message that whatever it is that is upsetting, annoying or concerning you right now, it may be triggering something inside you because it is familiar in some way or reflects an area of your life that may benefit from greater alignment. Try to find the common ground and focus on being the kindest version of yourself you can be, both to yourself and towards others.

THE AFFIRMATION

"I choose to see the beauty in everyone and everything, especially myself"



SEE IT

THE MESSAGE

We have an incredible ability to manifest when we channel our energy in a particular direction. The more we visualise the outcome, how it would feel and what it could look like, the more chance there is of it coming to fruition. This card brings a message to imagine clearly what you want to achieve. See it coming to life. Meditate on it, create a positive affirmation or a vision board. See it happening and it will be. But remember not to be too hung up on the form. The Universe has a clever way of answering our wishes in the form that is most right for us - but it all starts with your vision.

THE AFFIRMATION

"I can see my dreams coming true"



RETRACE YOUR STEPS

THE MESSAGE

How did you get here? What happened? How can you avoid this situation happening again? Life is full of questions, and answers.

It's good to live in the moment, but sometimes, we can learn much from our past, which can improve our present and future.

This card brings a message that in order to move forward, it would be wise to reflect on your path so far and see what lessons you have learned along the way, and the wisdom that has been gifted to you. By retracing your steps, you can fully understand the situation and events that brought you here and will be able to move forward with confidence and clarity.

THE AFFIRMATION

"I am grateful for what I now know"



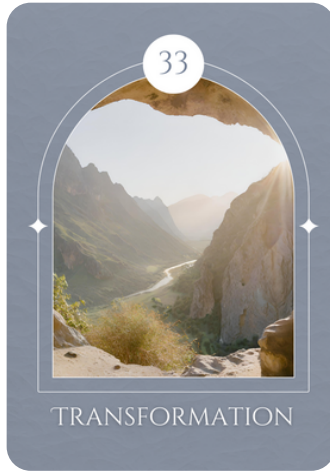
STRENGTH

THE MESSAGE

What have you overcome in the past? What are you most proud of? How have you proven your courage, your endurance, your determination? This card brings a message that you have the strength! You can do it! You have everything you need and if you are doubting yourself now, you are just using energy that you could be directing towards achieving your goals and your dreams. You've been there before and you got through it! Have faith in your ability. You are stronger than you know.

THE AFFIRMATION

"I am powerful. I am strong. I've got this!"



TRANSFORMATION

THE MESSAGE

Change is inevitable in life, but it can make us feel uncomfortable, scared and helpless. However, if we look at change as an opportunity, a chance to grow, get to know ourselves better and experience new things, then suddenly it takes on a new perspective. This card brings a message that you have been experiencing your own transformation. Things may have been challenging, but you are all the stronger for it. You will have new experiences and skills to draw upon as you move forward on your journey. Take time to reflect on how far you have come!

THE AFFIRMATION

"I embrace my transformation and all that I am becoming"

ACTION CARDS

The 'Action' cards bring an energy which calls for action of some form or another. Whilst straightforward Yes/No questions are discouraged, at times action is needed and a clear message can help ignite your intuition, and guide you in the right direction. At times, the appropriate action may be inaction - to wait, to pause, to delay - these actions also interrupt the existing flow of energy and can offer us important breathing space and can in themselves bring about positive change.



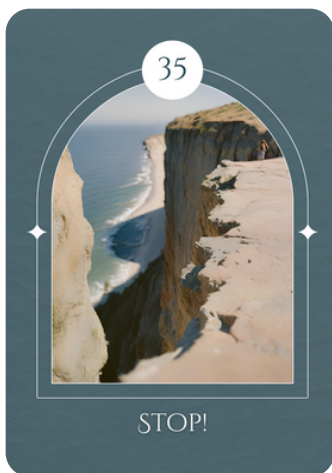
GO!

THE MESSAGE

There are times in life where it pays to be cautious. Times when rushing ahead would be folly, and times where we need to stop, think and consider our next step. This is not one of those times. This card brings a message that now is the time to stand up and go for it!! If you were waiting for a sign, this is it.

THE AFFIRMATION

"I am confident and committed"



STOP!

THE MESSAGE

Part of life's journey is knowing when to jump and knowing when to stand still, maybe even turn the other way! Whatever your situation now, the chances are that you have a gut feeling that something isn't quite right, a niggler that you can't quite get rid of. Or perhaps you know deep in your bones that you shouldn't proceed, but you are worried about hurting, disappointing or angering someone else. This card brings a message that it's okay to say no. In fact, it is in your best interests to follow your gut and decline this offer right now. Just say no.

THE AFFIRMATION

"I give myself permission to stop"



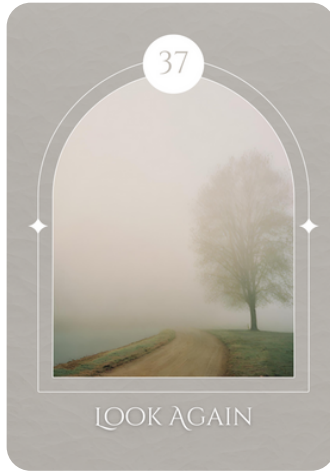
DELAY

THE MESSAGE

So, you're undecided right now. Yes or no? Step forward or turn back? Sometimes we need to take that time out from a situation, to press the pause button on life and trust that whatever is meant will be come clear. This card brings a message that genuine opportunities in your life will not pass you by. If you miss this train, you can catch the next one. Who knows, the next one might get you to your destination even faster. It's not now or never. Follow your instincts and take as long as you need.

THE AFFIRMATION

"I have all the time I need to make my decision"



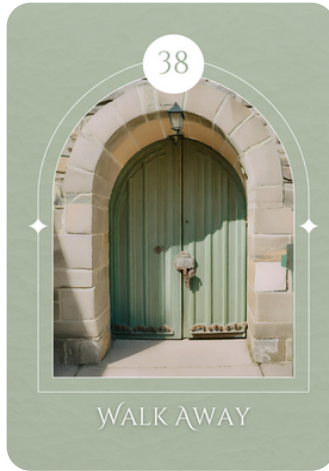
LOOK AGAIN

THE MESSAGE

Sometimes all the facts are not immediately clear. Sometimes you need to do some digging or further investigation to work out exactly what the situation is, from all angles. Someone's views may be quite different from yours and there may be vital information that you are missing. This card brings a message that it's time to do your research, to better understand the situation and what's driving it. Know your facts before you act.

THE AFFIRMATION

**“The more I see, the more I learn,
the more I grow”**



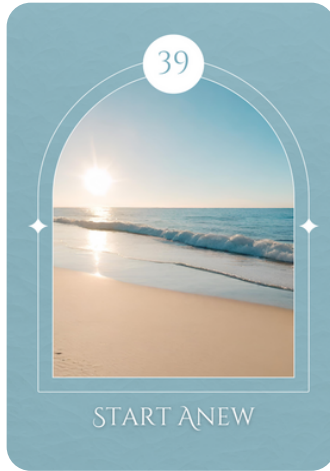
WALK AWAY

THE MESSAGE

Some things in life are worth waiting for. They need work, time and persistence. It's important to recognise when things are genuinely important to us and in our best interests, and when we are exhausting ourselves, frustrating ourselves and hurting ourselves by trying to push for a solution that will never come. This card brings a message that your actions may no longer be serving your highest good and it's time to reconsider - to accept what cannot be changed and focus your energy on more positive endeavours. There is hope, there is light and there is love, you may just be looking in the wrong direction right now. Turn around and embrace the beauty and abundance that is waiting for you.

THE AFFIRMATION

"I have the courage to walk away from the things that no longer serve me"



START ANEW

THE MESSAGE

Life brings us second chances, an opportunity to put something right, to say what needed to be said, to take the path we always wanted to - to follow our dreams and change our very way of being; to start again. This card brings a message that you have reached the end of one phase, one cycle, and are now ready to begin anew. Embrace all of the experiences you have gained and apply them to the next chapter. This is a fresh start, a clean slate, a blank page - You have the power to write your own story.

THE AFFIRMATION

"I choose to start a new exciting adventure"



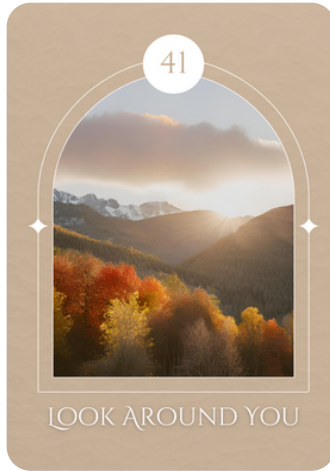
BE BRAVE

THE MESSAGE

We all have to step out of our comfort zones once in a while, that is how we grow and develop; how we learn and reach our fullest potential. This card brings a message that now is the time to speak up, take that step, be more you - authentically and unapologetically you. There is no other way. Know that you are 100% supported in this!

THE AFFIRMATION

"I am brave enough to take the next step"



LOOK AROUND YOU

THE MESSAGE

Gratitude is the seed of manifestation. Whatever it is that you desire in your future, whether this is something tangible, an outcome or simply a way of being, it is gratitude that will lay the foundations upon which to build your reality and reach for your dreams. This card brings a message that it is okay, and important, to be proud ourselves, but it's also important to recognise the support we receive along the way, which helps us achieve our dreams and ambitions. Take some time to think about the other factors involved, the people who always show up for you, or magically appear when you need them most, the opportunities that present themselves, the miracles you experience along the way, and then share your deepest gratitude.

THE AFFIRMATION

"I am overflowing with gratitude"



ACCEPT HELP

THE MESSAGE

It's one thing to ask for help, it's quite another to accept it when it's offered. Accepting help is not a sign of weakness, it's a reflection of your compassion to yourself and openness to welcome in light and hope. It's an acknowledgement that we are all part of something bigger, and that no-one is alone. If you can be there for another, someone can be there for you. Someone is trying to help you out right now. This card brings a message to embrace this help. It comes from a place of love and is intended to support and strengthen you, in the highest good of all.

THE AFFIRMATION

"I choose to be supported"



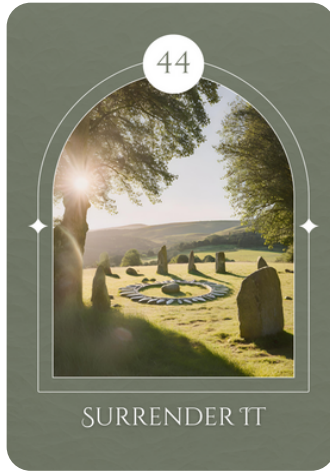
SPEAK UP

THE MESSAGE

There is wisdom in knowing when to stay quiet, to listen and observe. But it is also crucial that we feel able to speak up when we need to; for others and for ourselves. Have you been keeping to yourself? What have you wanted to say, but haven't felt able to? This card brings a message that you have stayed quiet for too long, bottling up your feelings and not speaking your truth. Perhaps you lack confidence, self-worth or you are worried about making waves. But it is time to speak up. Speak confidently and speak clearly. Say what needs to be said. You can be honest and be kind.

THE AFFIRMATION

"I deserve to be heard"



SURRENDER IT

THE MESSAGE

Sometimes, we have a clear vision of what we want, things we want to achieve or experiences we want to have but can't see a clear route to it. This card brings a message that whatever it is that you want to manifest right now, whatever it is that you desperately want to happen, surrender your intentions to the Divine and trust that all will work out, for your highest good and the highest good of all, in good time. Let go of your timetable and trust in Divine timing.

THE AFFIRMATION

"I trust that all will be well"



Discover how to work with the Aligned Life oracle deck and use oracle spreads, to help you find greater clarity and alignment.

So what will you ask?

After several years of working with oracle cards Angharad felt called to create her own deck - a deck that anyone could pick up and use regardless of their spiritual or religious beliefs, or whether or not they were interested in the weird and wonderful world of Woo. It is inspired by the beauty and magic in the world around us, and is filled with love and light, to bring messages of hope, clarity & support.

Angharad is an intuitive oracle card reader and creator, and provides weekly and monthly oracle card forecasts through her YouTube channel and website. Angharad is also a meditation teacher, a holistic wellness & spiritual coach and a universal energy practitioner. When she's not running her business, you can find Angharad enjoying a woodland walk with her husband and two dogs, cooking up something plant-based in the kitchen, or studying yet another course.